

## HEALTH AND WELLBEING BOARD

26 JULY 2017

	<b>Report for Resolution/ Report for Information</b>
<b>Title:</b>	Reducing unplanned teenage pregnancy in Nottingham – an annual report for the Nottingham City Health and Wellbeing Board.
<b>Lead Board Member(s):</b>	Alison Challenger, Director of Public Health, Nottingham City Council.
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<b>Brief summary:</b>	This report provides an update of incremental progress toward achieving the Council Plan target of reducing teenage pregnancy rates by a further third by 2019.

### **Recommendation to the Health and Wellbeing Board:**

The Health and Wellbeing Board is asked to:

- a) note the actions, progress and risks outlined in the update report on the teenage pregnancy priority of the Health and Wellbeing Strategy;
- b) identify where it can support the achievement of the teenage pregnancy priorities within the updated Teenage Pregnancy Joint Strategic Needs Assessment chapter.

### **Contribution to Joint Health and Wellbeing Strategy:**

<b>Health and Wellbeing Strategy aims and outcomes</b>	<b>Summary of contribution to the Strategy</b>
Aim: To increase healthy life expectancy in Nottingham and make us one of the healthiest big cities	This report provides the Board with information on strategic developments in relation to the teenage pregnancy outcomes of the Nottingham Plan to 2019 and the Health and Wellbeing Strategy 2016-2020.
Aim: To reduce inequalities in health by targeting the neighbourhoods with the lowest levels of healthy life expectancy	
Outcome 1: Children and adults in Nottingham adopt and maintain healthy lifestyles	
Outcome 2: Children and adults in Nottingham will have positive mental wellbeing and those with long-term mental health problems will have good physical health	
Outcome 3: There will be a healthy culture in Nottingham in which citizens are supported	

and empowered to live healthy lives and manage ill health well	
Outcome 4: Nottingham's environment will be sustainable – supporting and enabling its citizens to have good health and wellbeing	

<b>How mental health and wellbeing is being championed in line with the Board's aspiration to give equal value to mental and physical health</b>
Teenage mothers are three times more likely to experience post-natal depression and have higher rates of poor mental health for up to three years after the birth. A reduction in unplanned teenage pregnancy rate alongside effective support for teenage parents will improve the situation for this cohort of young people.

<b>Background papers:</b> <i>Documents which disclose important facts or matters on which the decision has been based and have been relied on to a material extent in preparing the decision. This does not include any published works e.g. previous Board reports or any exempt documents.</i>	None.
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